

7. Review your insurance coverage. Evaluate your life insurance each year to protect your family.

YOUR READING LIST

27 Best Places For Solo Female Travel

BNY Mellon Wealth Management *Voice*: Three Keys To Sustaining Family Wealth

PODCAST: Sonny Vaccaro On The NCAA Basketball-Adidas Scandal

+12104 views in the last 24 hours

How Easy Is It To Redeem United MileagePlus Airline Miles?

Active on Twitter

NetJets *Voice*: What Makes NetJets Pilots Extraordinary

BNY Mellon Wealth Management *Voice*: Three Keys To Sustaining Family Wealth

Active on LinkedIn

Jessica Drake Is The Porn Entrepreneur Next Door

+940 views in the last 24 hours

Status Update: Wildfires Devastate Northern California Wine Country

27 Best Places For Solo Female Travel



Laura Begley Bloom, [@WOMEN@FORBES](#)
Transformative Travel: I look at how travel can change lives. FULL BIO
 Opinions expressed by Forbes Contributors are their own.

TWEET THIS

From a mountain hideaway in Italy to a wellness retreat in Mexico with an award-winning tequila collection, these are the places you want to go next.

If you could go back in time, wouldn't you?



Photo courtesy of Tania Lebrija Swasbrook
 Tania Lebrija Swasbrook, an expert in solo female travel, at Chable, a wellness resort in Merida, Mexico.

The travel industry website Skift dubbed 2017 “the year of the modern female traveler,” and Conde Nast Traveler recently reported that solo female travel is more popular than ever. Just do a Google trends search for the phrase “female solo travel,” and you’ll see the spike in interest over the past five years.

A finance and HR system from Workday works as promised. And that sounds pretty great.

Learn more

workday
 Built for the future.

10. Manage your health care costs. Use your employer flexible spending account

YOUR READING LIST

 27 Best Places For Solo Female Travel

 BNY Mellon Wealth Management *Voice*: Three Keys To Sustaining Family Wealth

 PODCAST: Sonny Vaccaro On The NCAA Basketball-Adidas Scandal

+12104 views in the last 24 hours

 How Easy Is It To Redeem United MileagePlus Airline Miles?

 Active on Twitter

 NetJets *Voice*: What Makes NetJets Pilots Extraordinary

 BNY Mellon Wealth Management *Voice*: Three Keys To Sustaining Family Wealth

 Active on LinkedIn

 Jessica Drake Is The Porn Entrepreneur Next Door

I recently met three experts in solo female travel at the ILTM Americas conference — a gathering of luxury travel advisors and industry professionals that’s held every year at Mayakoba, a resort on the Riviera Maya of Mexico.

These women, who are frequent solo travelers themselves, shared their insight on the places that they think are most exciting destinations right now for female travelers. From a mountain hideaway in Italy to a wellness retreat in Mexico with an award-winning tequila collection, these are the places you want to go next. [🐦](#)



Photo courtesy of Meg Nolan
Meg Nolan in New Zealand.

Meg Nolan, founder, [Friend of a Friend Consulting](#)

Meg Nolan is a veteran travel writer, having held editorial positions at titles such as *Town & Country* and *Vanity Fair*, as well as an author of three travel books for Rizzoli (*Italian Hideaways*, *Caribbean Hideaways* and *England’s Hideaways*) that cover lesser-known hotels and villas. Currently, Meg is the editor of *Goodspeed*, a new in-flight magazine for Tradewind Aviation, in addition to running her own travel consulting company, [Friend of a Friend Consulting](#), where she specializes in luxury trip design for private clients through a partnership with Valerie Wilson Travel. Meg’s work has brought her to 46 countries and counting, many of them where she dined at a table for one. As a result, Meg’s love of travel has become synonymous with quality me-time — a delicious combination of discovery of the new and introspection.

“ USE YOUR VOICE, RAISE YOUR HAND, AND EMPOWER YOURSELF. ”

-Thasunda Duckett, CEO, Chase Consumer Banking

BE INSPIRED

JPMORGAN CHASE & CO.

YOUR READING LIST

27 Best Places For Solo Female Travel

BNY Mellon Wealth Management Voice: Three Keys To Sustaining Family Wealth

PODCAST: Sonny Vaccaro On The NCAA Basketball-Adidas Scandal

How Easy Is It To Redeem United MileagePlus Airline Miles?

NetJets Voice: What Makes NetJets Pilots Extraordinary

BNY Mellon Wealth Management Voice: Three Keys To Sustaining Family Wealth

Jessica Drake Is The Porn Entrepreneur Next Door

Photo courtesy of Rosa Alpina
A guest room at Rosa Alpina.

The Dolomites, Italy: Italy is never a bad idea, but the mountains in Italy seem an even better one at the moment, given the fresh alpine air, the skiing or hiking (depending on the season) and the gourmand fondue at Rosa Alpina, a Relais & Châteaux property. Plus the hammam and spa are a nice post-exertion retreat.



Photo courtesy of Casa San Agustin
A pool at Casa San Agustin in Cartagena.

Cartagena, Colombia: The Caribbean in South America, Cartagena provides the ideal blend of culture, beach and colorful history with excellent tour guides and high-quality dining. It may feel a bit romantic to be there solo, but the jovial crowd at Casa San Agustin, with its hotel bar and open-air rum tastings in the plaza, are as convivial as any major city.



stamps.com

FREE GUIDE!

How to Ship to Canada with the USPS

DOWNLOAD GUIDE